



DEBBIE'S DINNERS



À la carte Menu



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## Individual Meals, Protein Bowls, Soups & Salads

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### **Protein Bowls** - \$7.95 (market price for salmon)

Salmon, chicken or vegetarian all include roasted vegetables, quinoa & potatoes  
Choice of pesto, chimichurri, herb and roasted garlic

### **Soups** - \$4 pint, \$8 quart

Spicy heirloom tomato (vegan), chicken tortilla, corn chowder (vegan), three bean & quinoa chili (vegan)

### **Wraps** - \$6.95

Caesar salad, roasted turkey breast, black forest ham, albacore tuna, roast beef, grilled or blackened chicken, and / or grilled vegetables

### **Sandwiches** - \$6.95

Roasted turkey, black forest ham, albacore tuna, chicken salad, and vegetarian. All on artisan bakery breads, pita or tortillas, house made focaccia. Gluten free options available

### **Salads** - \$4.95 (individually boxed)

Caesar, chopped cobb, roasted beet-quinoa, house salad

### **Breakfast items** - \$3 (individually wrapped)

Individual seasonal fruits & berries, parfaits with seasonal berries, granola upon request  
Choices of breakfast pastries are: coffee cake, maple walnut scone & carrot muffin

### **Hot Breakfast items** - \$6.95

Burritos or sandwiches - egg, meat & cheese, or vegetarian. All include choice of fruit or potatoes

### **Sides** - \$3.25 each

House made chips, potato salad, fruit salad, herb pesto pasta salad

Please ask about our weekly specials and gluten-free and vegan dishes

Baked goods are freshly made & baked in-house. Ask for daily selections.